



## **ROO BALL RULES (Non Competition)**

The following Roo Ball Rules apply to the conduct of the Association RB Roo Ball - Under 6, 7, 8 and 9 years games and events. Note that the Rules listed below contained in the Competition Rules also apply to Roo Ball:

<b>RULE 2</b>	<b>- CLUB UNIFORMS</b>
<b>RULE 4</b>	<b>- REGISTRATION OF PLAYERS</b>
<b>RULE 6</b>	<b>- TEAM GRADING</b>
<b>RULE 9</b>	<b>- PUBLISHED DRAW</b>
<b>RULE 12</b>	<b>- MATCH SHEETS</b>
<b>RULE 29</b>	<b>- COACHES AND MANAGERS</b>
<b>RULE 30</b>	<b>- GROUND CONTROL</b>

Managers and Coaches of Roo Ball teams should make themselves fully conversant with the above seven Rules in addition to the RB Roo Ball Rules which follow:-

### **RB.1 The Field of Play**

#### **A. Dimensions**

The field of play should be rectangular in shape. Sizes for each age group are as follows;

Under 6, 7 and 8 years of age.....	30m x 20m
Under 9 years of age.....	40m x 30m

#### **B. Markings**

Markers, Cones or Painted line markings (No Witches Hats).

#### **C Goal Size**

The Size of the goal should be;

Under 6, 7 and 8 years of age.....	Minimum 1.8m x 0.9m Maximum 2.0m x 1.0m
Under 9 years of age.....	Minimum 4.8m x 1.6m Maximum 5.0m x 2.0m

**D Penalty Area**

Under 6, 7 and 8 years of age.....No Penalty area  
Under 9 years .....Rectangular 8m long x 16m wide

**E Items that can be used for Goals**

You may use Goals. Markers or flags on poles for the goals (No Witches Hats).

**RB.2 Ball Size**

Size 3 ball to used for all age groups under 6 to under 9.

**RB.3 Number of Players**

**Under 6 years of age .....4 x 4 – No goalkeeper**

Maximum of 4 players on the field from each team at a time with 2 substitute players that can be Interchanged at any time while the ball is in play, interchange player must wait until the substituted player has left the field. Maximum 6 players per team.

**Under 7 and 8 years of age .....5 x 5 – No goalkeeper**

Maximum of 5 players on the field from each team at a time with 2 substitute players that can be interchanged at any time while the ball is in play, interchange player must wait until the substituted player has left the field. A maximum 7 players per team.

**Under 9 years of age .....7 x 7 – Including goalkeeper**

Maximum of 7 players on the field from each team at a time with 3 substitute players that can be interchanged at any time while the ball is in play, interchange player must wait until the substituted player has left the field. Maximum 10 players per team.

**RB.4 Duration of Matches**

The duration of Roo Ball games will be:

- Under 6.....2 x 15 minutes (half time break 5 minutes)
- under 7 and 8.....2 x 20 minutes (half time break 5 minutes)
- Under 9.....2 x 25 minutes (half time break 5 minutes)

## **RB.5 Instructing Referees and Game Leaders**

Under 6,7and 8 years of age..... Game leader

The main role of the game leader is to keep the game moving freely and with minimal breaks. To explain when the ball goes behind the back line or a goal is scored that the game restarted from the back line.

Opponents should be kept back 5m from all restarts.

*Learning the game leader must use common sense to ensure the game flows as much as possible. They must assist the players in getting the game moving quickly. They should try to encourage as many players as possible to get involved.*

*The idea is that the game leader is not punishing players but rather instructing them to enjoy the game. The aim is for the players to have fun as well as to play Football.*

Under 9 years of age.....Instructing referee

The referee acts as an “instructing referee” to control the game to ensure it is played fluently. Instruct the players on how to behave, what a foul is, what a free kick is and how to take a throw in etc. The referee can instruct the players without stopping the game.

## **RB.6 The Start of Play**

**Under 6 years of age**

It is important that the parents/teachers/coaches that start with this age group have minimal involvement in the actual game – all they need to do is tell the players which goal they need to score in! Let them have fun and assist them where necessary to enjoy the game even more. Start the play from the half way line with the opposition 5m away.

*In the under 6 to under 8 years of age group: When the difference in score between the two teams reaches three or more goals at any one point during the game the losing team is allowed to restart the game from the middle line when a goal is scored against them instead of the back line.*

In principle there are no rules, just a ball and eight players running and trying to get the ball into the opposition’s goal!

**Under 7 – 9 years of age**

Kick off is determined by a choice between “captains” as to which hand the Match Leader has their whistle (or alternative) in.

A game is started with a kick forward to a team mate from the middle of the halfway line. The opposition must be 5m away from the ball at this time. **Note** If a player kicks the ball into the goal without a team mate touching the ball, it is a no goal; when it deflects off a defender into the goal, it is a goal.

For the under 7 and 8 years of age group only, when a goal is scored, there is no kick off but a restart of play **from on the back line other than in the goal mouth**. For under 9 age group, the restart takes place from the half way line with the side conceding taking the kick.

### **RB 7 Ball in and out of play**

The ball is out of play when it has crossed the goal line, the back line, side line or when play has been stopped by the referee.

### **Ball crossing the side line**

#### **Under 6, 7 and 8 years of age**

No throw in but a kick from behind the sideline. To encourage quick restart and decision making under pressure, the team in possession has three seconds to recommence play the play from the restart. This can be done by the match leader having a countdown of “ready-set-go”. When the match leader says “Go!” the ball is deemed to be in play and the defending team can attempt to win the ball. **Defending team must be 5m back from the kicker.**

#### **Under 9 years of age**

Game restarts with a throw in: Player faces the field of play; part of each foot on or behind the line, using both hands delivers the ball from behind and over their head. The thrower may not touch the ball again until it is touched by another player. Penalty for this offence is a free kick award against the thrower. **All players shall be 2m back from the thrower.**

### **Ball crossing the back line after touching the defending team.**

#### **Under 6 to 9 years of age**

Attacking team takes a Corner Kick. **Defending team must be 5m back from the kicker.**

### **Ball crossing the back line after touching the attacking team.**

#### **Under 6, 7 and 8 years of age**

Goal kick of the ground from the back line. **Anywhere on the back line except in the goal mouth. Defending team must be 5m back from the kicker.**

#### **Under 9 years of age**

Goal kick from any where inside the penalty box.

## **RB 8 Method of scoring**

A goal is scored when the whole ball crosses the line between the posts, markers or cones that are set up as the goals. If the cones or markers are knocked over then no goal is scored. No player can score from a kick off including goal kicks unless the ball has been touched by another attacking player.

## **RB 9 Offside**

There is no offside for the under 6 to 9 age groups.

## **RB 10 Fouls and misconduct**

**Only indirect free kicks are awarded for all offences**

There are only indirect free kicks with the exception of a penalty kick (refer below). All indirect free kicks within the penalty area shall be taken outside of 8m from the Goals.

### **Fouls and misconduct are:**

- Kicks or attempts to kick an opponent
- Trips or attempts to trip an opponent
- Jumps at an opponent
- Charges an opponent
- Strikes or attempts to strike an opponent
- Pushes an opponent
- Tackles an opponent to gain possession of the ball
- Making contact with an opponent before touching the ball
- Holds an opponent
- Spits at an opponent
- Handles the ball deliberately
- Plays in a dangerous manner
- Impedes the progress of a player

In under 6, 7 and 8 years of age groups, no player is allowed to deliberately handle the ball with their hand or arm anywhere on the field.

In under 9 years of age no player is allowed to deliberately handle the ball with their hand or arm anywhere on the field except for goal keepers who may handle the ball inside their penalty area only.

## **RB 11 Individuals playing time**

**All players will have equal amount of playing time each game**

### **RB 12 Three goal margin rule**

**When an individual player is completely dominating the game and has allegedly scored three goals and their team is winning by more than three goals the player can only score another goal after one of their team mates has scored a goal.**

**This is to encourage team play and have players create opportunities for their team mates. If the player scores a fourth goal before any of their team mates has scored the goal it does not count and the game is restarted with a goal line kick.**

### **RB 13 Borrowing of players**

**Should teams not have the minimum number of players to commence a game, teams may borrow players from the same age group allowing each team to have the maximum allowed per age group. Players listed in the team must play the game and can not be dropped for a borrowed player.**

**Once games have commenced players can not be switched from one field to another until their game has been completed.**

### **RB 14 Entry to field of play**

**Coach/ Managers/Parents are not permitted on the field during the game for all age groups except with permission from the game leader. Support and assistance to the players encouraging them to have fun from the sidelines is allowed.**

### **Small sided games Formats**

A quick view of the format of small sided games is seen below.

<b>Playing Format</b>	<b>Under 6</b>	<b>Under 7 &amp; 8</b>	<b>Under 9</b>
Numbers	4 v 4	5 v 5	7 v 7
Field Size	30m x 20m	30m x 20m	40m x 30m
Field Markings	Markers or painted line markings	Markers or painted line markings	Markers or painted line markings
Penalty Area	Nil	Nil	8m long by 16m wide
Goal Size	Min: 1.80m x 0.90M Max 2.00m x 1.00m	Min: 1.80m x 0.90M Max 2.00m x 1.00m	Min: 4.80m x 1.60M Max 5.00m x 2.00m
Goal Type	Markers, poles, Goals	Markers, poles, Goals	Markers, poles, Goals
Ball Size	Size 3	Size 3	Size 3
Goalkeeper	No	No	Yes
Recommended Playing Time	2 x 15 minutes	2 x 20 minutes	2 x 25 minutes
Half Time Break	5 minutes	5 minutes	5 minutes
Referee	Game Leader	Game Leader	Instructing Referee

Competition	No	No	No
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