

RECOMMENDED RANGE OF SUSPENSIONS FOR SEND OFFS

Under exceptional circumstances the Disciplinary Committee may increase the maximum suspensions shown for all categories

R1 SERIOUS FOUL PLAY	CHALLENGING FOR THE BALL IN PLAY - Illegal contact with the legs or body using moderate to excessive force with a possibility of causing injury		RANGE OF SUSPENSIONS 2 matches to 5 matches
LEVEL 1 <i>2 match suspension</i>	LEVEL 2 <i>3 match suspension</i>	LEVEL 3 <i>4 match suspension</i>	LEVEL 4 <i>5 match suspension</i>
Mistimed, careless or late tackle using low level of violence	Careless or late tackle or body charge from any direction using moderate level of violence and with some risk of causing injury	Strong or reckless tackle or body charge with a high risk of causing injury to the opponent	Excessive force or brutality showing total disregard for the safety of the opponent

R2 - A VIOLENT CONDUCT	NOT CHALLENGING FOR BALL - Off the ball tackle or incident involving striking, kicking, elbowing or head butting, either on or off the field, against an opponent, team mate of any other person. Minor involvement in a brawl or melee.		RANGE OF SUSPENSIONS 2 matches to 5 matches
LEVEL 1 <i>2 match suspension</i>	LEVEL 2 <i>3 match suspension</i>	LEVEL 3 <i>4 match suspension</i>	LEVEL 4 <i>5 match suspension</i>
Use of minimum force to strike or push, possibly in frustration or retaliation	Striking once or twice to the body or head with moderate force	One or more strikes to the head or body using strong force with a risk of causing injury, whether provoked or not	Striking using strong force with a risk of causing injury. Minor involvement in a brawl but NOT if attempting to prevent fight or shield or separate others
R2 - B SERIOUS ACT OF VIOLENT CONDUCT	VIOLENT CONDUCT OF THE MOST SERIOUS NATURE - strong and/or continuing involvement in a brawl or use of very strong force or brutality with a high risk of causing injury.		RANGE OF SUSPENSIONS 6 matches to 24 months
	NO LEVELS 1 TO 4	LEVEL 5 <i>6 match suspension</i>	LEVEL 6 <i>8 matches to 2 years</i>
		Aggressive or continuing involvement in a brawl - striking using very strong force with a high risk of causing injury	Violent or brutal conduct or prolonged attack with intent or high risk of causing significant bodily harm
R2 - C VIOLENT CONDUCT AGAINST A MATCH OFFICIAL	PUSHING, STRIKING, KICKING, HEAD BUTTING or other acts of violence or threats of violence		RANGE OF SUSPENSIONS 10 matches to life
Match Official - Referee, Assistant Referee, 4th Official or Referee Assessor	NO LEVELS 1 TO 6	LEVEL 7 <i>10 matches to 1 year suspension</i>	LEVEL 8 <i>1 year to life suspension</i>
		Making minor or low level contact with referee or making a threat of violence	Assaulting or attacking a referee by any means of physical violence or making strong or repeated threats of violence

R3 - A SPITTING AT A PLAYER OR ANY OTHER PERSON <i>(excl. match official)</i>	ANY ACT OF SPITTING AT OR ONTO A PLAYER OR OTHER PERSON		RANGE OF SUSPENSIONS 6 matches to 2 years
	NO LEVELS 1 TO 4	LEVEL 5 <i>6 match suspension</i>	LEVEL 6 <i>8 matches to 2 years</i>
		Spitting at, but not on, another person	Spitting on the face, head or body
R3 - B SPITTING AT A MATCH OFFICIAL	ANY ACT OF SPITTING ON OR IN THE DIRECTION OF A MATCH OFFICIAL		RANGE OF SUSPENSIONS 10 matches to Life
Match Official - Referee, Assistant Referee, 4th Official or Referee Assessor	NO LEVELS 1 TO 6	LEVEL 7 <i>10 matches to 1 year</i>	LEVEL 8 <i>1 year to life suspension</i>
		Spitting at or towards a referee with the intent to offend or insult the official	Spitting on any part of the legs, body or head of the official

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R4 - DENY GOAL BY DELIBERATE HANDBALL	DENIES THE OPPOSING TEAM A GOAL or an obvious goal scoring opportunity by deliberately handling the ball (does not apply to a goalkeeper inside his/her penalty area)	RANGE OF SUSPENSIONS 1 match (mandatory) No reduction
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R5 - DENY GOAL BY FREE KICK OFFENCE	DENIES AN OBVIOUS GOAL SCORING OPPORTUNITY to an opponent moving towards the players goal by an offence punishable by a free kick or a penalty kick	RANGE OF SUSPENSIONS 1 match (mandatory) No reduction
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R6 - A OFFENSIVE LANGUAGE OR GESTURES	USE OF OFFENSIVE, INSULTING OR ABUSIVE LANGUAGE OR GESTURES		RANGE OF SUSPENSIONS 2 match to 5 matches
LEVEL 1 2 match suspension	LEVEL 2 3 match suspension	LEVEL 3 4 match suspension	LEVEL 4 5 match suspension
One or two words carrying minor offense and said in low volume	Words and/or gestures used which cause offence - maybe in frustration or retaliation	Clearly offensive and/or insulting words directed at a player or another person and clearly audible	A number of words, clearly offensive and/or insulting and directed at a player or person

R6 - B DISCRIMINATORY LANGUAGE OR GESTURES	USE OF DISCRIMINATORY LANGUAGE AND/OR GESTURES, INCLUDING RACIST, RELIGIOUS, ETHNIC OR SEXIST REMARKS		RANGE OF SUSPENSIONS 2 matches to 5 matches
LEVEL 1 2 match suspension	LEVEL 2 3 match suspension	LEVEL 3 4 match suspension	LEVEL 4 5 match suspension
One or two words, or a gesture minor in nature	Moderate language causing offense - maybe in frustration or retaliation	Remarks or gestures intended to cause offense	Highly offensive remarks or gestures

R6 - C OFFENSIVE OR INSULTING LANGUAGE TO MATCH OFFICIAL	USE OF OFFENSIVE, INSULTING OR ABUSIVE LANGUAGE OR GESTURES TO A MATCH OFFICIAL - <i>Intimidation to take or omit to take action and verbal or sexual harassment against Match Official</i>		RANGE OF SUSPENSIONS 4 matches to 2 years
NO LEVELS 1 OR 2 LEVEL 3 4 match suspension	LEVEL 4 5 match suspension	LEVEL 5 6 match suspension	LEVEL 6 8 matches to 2 years
One or two words considered offensive to the referee	Use of offensive, insulting or abusive language or gestures	Very strong language and/or gestures of an offensive or insulting nature	Highly offensive or insulting words or gestures. Words or gestures used to intimidate or threaten a referee

R7 SECOND CAUTION (Yellow Card)	RECEIVING A 2ND CAUTION (YELLOW CARD) DURING A MATCH	RANGE OF SUSPENSIONS 1 match (mandatory) No reduction
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